



LOCAL FOOD

The Morgantown Municipal Green Team has compiled a number of resources with tips and information on that deal with local food sources, canning and preservation, growing your own food, and eating sustainably. Books not found in the Morgantown Public Library can be easily located either on the internet or at any local bookseller. Eating local is good for you, the environment, and the local economy!

Library Books

Putting Food by Ruth Hertzberg (Call no: 641.4 HER)

The Beginners Guide to Serving Food at Home by Janet Chadwick (Call no: 641.4 CHA)

Simply in Season by Mary Beth Lind (Call no: 641.5 LIN)

Farmer's Market Cookbook by Susan F. Carlman (Call no. 641.65 CAR)

Clean Food by Terry Walters (Call no: 641.5636 WAL)

In Defense of Food by Michael Pollen (Call no: 613 POL)

The Town that Food Saved by Ben Hewitt (Call no: 338.19 HEW)

Deep Economy by Bill McKibben (Call no: 306.3 MCK)

Eating to Save the Earth: Food Choices for a Healthy Planet by Linda Riebel and Ken Jacobsen (Call no. 641.3 RIE)

The Moosewood Restaurant Kitchen Garden by David Hirsch. (Call no. 635 HIR)

Small World Vegetable Gardening by John E. Byran. (Call no. 635 BRY)

Clean Food: A Seasonal Guide to Eating Close to the Source, with More than 200 Recipes for a Healthy and Sustainable You by Terry Walters. (Call no. 641.5636 WAL)

Cuisine for Whole Health: Recipes for a Sustainable Life by Pauli Halstead (Call no. 641.563 HAL)

Animal, Vegetable, Miracle: A Year of Food Life by Barbara Kingsolver (Call no. 641.0973 KIN)

The Omnivore's Dilemma: A Natural History of Four Meals by Michael Pollen (Call no. 394.1 POL)

DVD'S of Interest

Food Inc directed by Robert Kenner (Call no: DVD 338.1 FOOD)

King Corn directed by Aaron Woolf (Call no: DVD 633.1 KING)